

## MINUTES December 4, 2023

Present: Rachel Ferreira, Andrew Lamson, Jason Harritos, Lisa Albert, Jill Merlin, Mindy Highland, Jamie Harris, Zachary Gauthier, Joan Perates, Keith Wilcox, Andrea Braznell

#### 1. Welcome



Rachel welcomed everyone to today's meeting.

### 2. Mission Statement/Minutes





Rachel read the Mission Statement of the Coalition.

"The Coalition is for individuals with all disabilities to connect and talk about what is important in our lives and what we can do together to improve quality for all people! It is also an opportunity to become familiar with different services available from agencies in Rhode Island and learn what these agencies can do to support and meet the needs of individuals."



Rachel read the September 2023 Minutes – No Minutes...



# 3. Presentation: Adaptive Karate Presented by Sensei David Ghigliotty, Owner and Head Instructor of West Bay Martial Arts

Sensei David Ghigliotty, Owner and Head Instructor of West Bay Martial Arts came to the RI Cross Disability Coalition Meeting and taught the members that were there some Adaptive Karate moves.









West Bay Martial Arts is located in Warwick. Their website is: <a href="https://westbaymartialarts.com/">https://westbaymartialarts.com/</a>

So, visit their website to find out more about what they offer!!

See you in March 2024!!

## 5. Motion to Adjourn

The meeting adjourned at about 3 pm.

### **NEXT MEETING**

Date: MONDAY, March 4, 2024 Location: Warwick Public Library

**Time:** 1:00 pm – 3:00 pm



Minutes submitted by Tanja Blicker-Ucran